

## Occupational Therapy Interest Checklist

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Please indicate your interest in each of the items below:

Activity	Past	Present	Future
Art			
Baking			
Basketball			
Being in Nature			
Bike Riding			
Bingo			
Board Games			
Bowling			
Camping			
Canoeing/kayaking			
Card Games e.g. Bridge, Snap, 500			
Car Repair			
Chess			
Classical Music			
Clothes			
Clubs/Society			
Collecting			
Computer Games e.g. Xbox			
Computers-Email- Internet - Blogs			
Concerts			
Comics/Graphic Novels			
Conversation			
Cooking Meals			
Creative Writing/Poetry			
Cricket			
Crosswords			
Dancing e.g. Salsa, Hip Hop			
Darts			
Dating People			
Decorating			
Draughts			
Drama/Theatre/Musicals			

Activity	Past	Present	Future
Driving			
Exercise			
Films			
Fishing			
Football/Rugby			
Gardening			
Gym workout			
Golf			
History			
Home Repairs and DIY			
Housework			
Holidays			
Hunting			
Jewellery Making			
Kapa Haka			
Languages			
Lectures or Evening Class			
Listening to Radio			
Markets			
Maori Art			
Maths			
Meals Out			
Meditation			
Mending Things			
Metalwork			
Mosaics			
Model Building			
Music			
Needlework/Embroidery			
Netball			
Op Shops			
Orienteering			
Pacifica Cooking			
Painting			
Pets			
Phoning/Texting Friends			
Photography			
Pilates			
Playing Musical Instruments			
Politics			
Pool, Snooker, Billiards			

Activity	Past	Present	Future
Puzzles			
Reading - Books, Magazines, Newspapers			
Religion/Spirituality			
Running			
Science			
Scrabble			
Scrapbooking			
Self Defence/ Martial Arts/Taiaha			
Sewing			
Shopping			
Singing			
Skateboarding/ Rollerblading			
Soccer			
Social Clubs			
Squash			
Strategy Games			
Swimming			
Table Games			
Table Tennis			
Tai Chi			
Te Reo			
Television			
Tennis or Badminton			
Tramping/hiking			
Travelling			
Visiting Friends			
Voluntary Organisations			
Waka Ama			
Walking			
Watching TV/DVD's			
Woodwork			
Writing Letters			
Yoga			
Wine appreciation/home brewing			
Work			